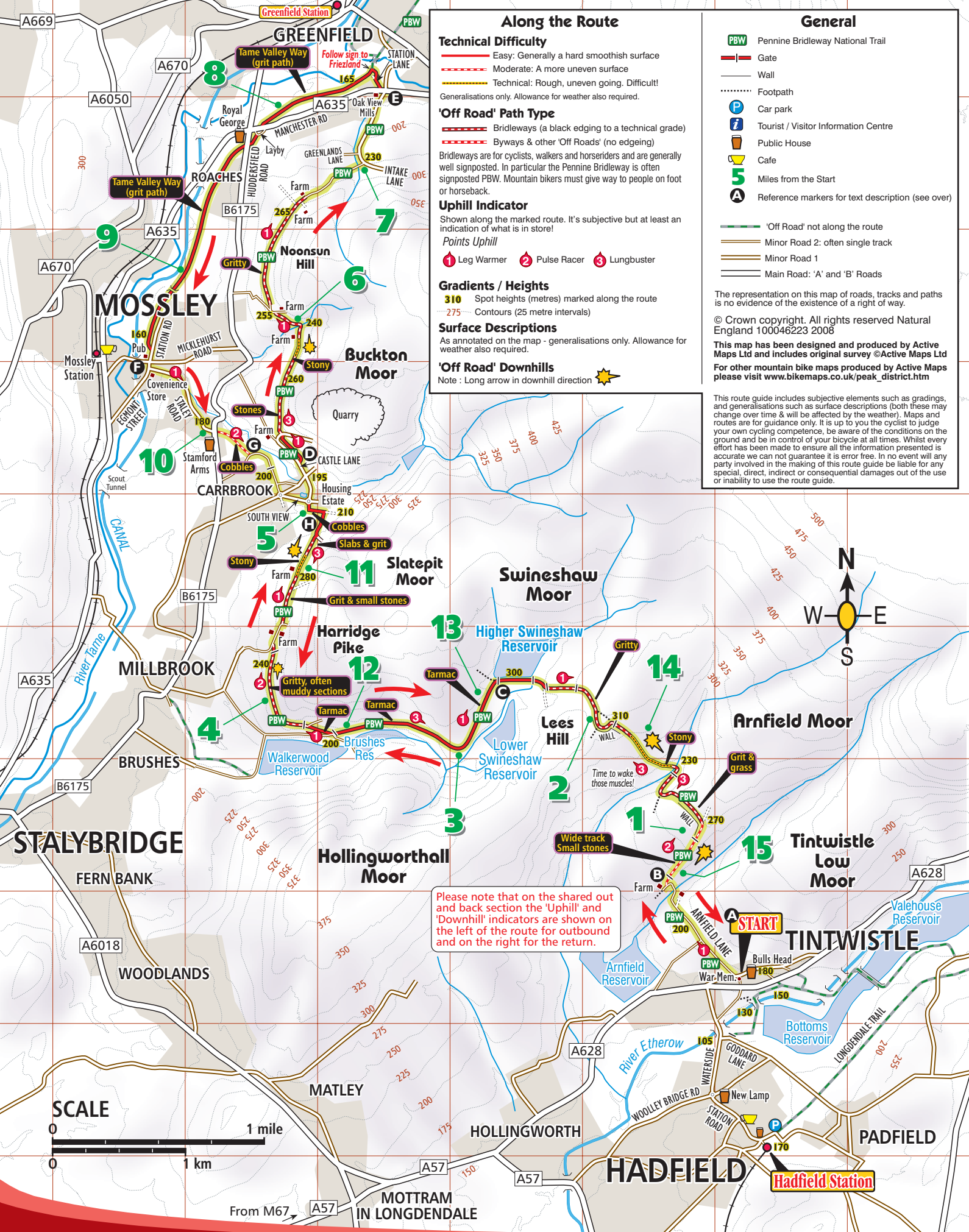




Along the Route

Technical Difficulty

- Easy: Generally a hard smoothish surface
 - Moderate: A more uneven surface
 - Technical: Rough, uneven going. Difficult!
- Generalisations only. Allowance for weather also required.

'Off Road' Path Type

- Bridleways (a black edging to a technical grade)
- Byways & other 'Off Roads' (no edging)

Bridleways are for cyclists, walkers and horseriders and are generally well signposted. In particular the Pennine Bridleway is often signposted PBW. Mountain bikers must give way to people on foot or horseback.

Uphill Indicator

Shown along the marked route. It's subjective but at least an indication of what is in store!

Points Uphill

- 1 Leg Warmer
- 2 Pulse Racer
- 3 Lungbuster

Gradients / Heights

- 310 Spot heights (metres) marked along the route
- 275 Contours (25 metre intervals)

Surface Descriptions

As annotated on the map - generalisations only. Allowance for weather also required.

'Off Road' Downhills

Note : Long arrow in downhill direction

General

PBW Pennine Bridleway National Trail

- Gate
- Wall
- Footpath
- Car park
- Tourist / Visitor Information Centre
- Public House
- Cafe
- Miles from the Start
- Reference markers for text description (see over)

- 'Off Road' not along the route
- Minor Road 2: often single track
- Minor Road 1
- Main Road: 'A' and 'B' Roads

The representation on this map of roads, tracks and paths is no evidence of the existence of a right of way.

© Crown copyright. All rights reserved Natural England 100046223 2008

This map has been designed and produced by Active Maps Ltd and includes original survey ©Active Maps Ltd
For other mountain bike maps produced by Active Maps please visit www.bikemaps.co.uk/peak_district.htm

This route guide includes subjective elements such as gradings, and generalisations such as surface descriptions (both these may change over time & will be affected by the weather). Maps and routes are for guidance only. It is up to you the cyclist to judge your own cycling competence, be aware of the conditions on the ground and be in control of your bicycle at all times. Whilst every effort has been made to ensure all the information presented is accurate we can not guarantee it is error free. In no event will any party involved in the making of this route guide be liable for any special, direct, indirect or consequential damages out of the use or inability to use the route guide.

Try a Trail by Bike...

Tintwistle: Moor Fun



A Mountain Bike Route from Tintwistle over the moors and onto Greenfield and Mossley before 'moor' fun brings you back to Tintwistle! Sections of the route are on the Pennine Bridleway National Trail.

This map is part of a series that can be downloaded free from www.nationaltrail.co.uk/penninebridleway

ROUTE LENGTH
16 miles
26km

Pennine Bridleway

NATIONAL TRAIL



Tintwistle: Moor Fun

Mountain Bike Route

Route length: 16 miles / 26km. Rough Time 3 to 5½ hours.

Leave Tintwistle to quickly gain height over the moors to Higher Swineshaw Reservoir and then down to Walkerwood Reservoir. A good quality track then takes you on small ups and downs to Carrbrook and then onto Greenfield. An easy section along the Tame Valley Way to Mossley will hopefully give your legs time to recover before it's time to rejoin the Pennine Bridleway at Carrbrook and a return back over the moors. There's a fitting finale of a couple of nerve jangling off-road downhill before an easy tarmac section brings you back to Tintwistle.

START: Tintwistle, The route description starts at the war memorial, close to the Bulls Head pub, in the centre of Tintwistle. **Parking:** On street parking in Tintwistle then make your way to the start.

For navigation please note from The Start up to 'Point E' and from 'Point H' to The Finish you are on the Pennine Bridleway National Trail which is generally well signposted as the name or 'PBW'.

The points below are referenced on the map

- A** Turn up Arnfield Lane, opposite the War Memorial & keep going straight ahead. After a slight climb the lane dips to some buildings and then a tight bend over the river. Turn next right up the track, signed for Pennine Bridleway Brushes Valley.
- B** Through gate & climb. Near top the path splits, bear left to keep wall on your left. The path levels and then drops down to a river after some tight bends. Through gate, cross the river by the stone bridge.
- Now a steep climb, keep on the main track. The path levels. Through a gate and follow round to the left. Keep following this main track to eventually come out at Higher Swineshaw Reservoir. Continue across the front of the reservoir.
- C** At the end bear left to follow the tarmac lane downhill. Drop down all the way to meet a gate. TR up the narrow lane (signed Carrbrook). At the first bend continue straight ahead on the track and through the gate. Keep following this main track which eventually brings you down to a new housing estate at Carrbrook. TL onto the cobbles and follow to roundabout. Straight across and continue to give way. Straight across.
- D** By the 30mph sign TR onto the Pennine Bridleway. Follow it up and then across lane. The track now widens for a brief steep climb. Keep following this main track and you will eventually come out on tarmac farm drive, TL then immediate right, signed Pennine Bridleway Greenfield. Keep heading straight on. The track will eventually turn into a tarmac lane. Follow to T-junction and TL. Follow down to main road.
- TL onto main road then immediate TR onto Station Lane, signposted for the Pennine Bridleway. At the end of the road bear right onto the path. This quickly forks, bear left, signed to Friezland.
- E** Continue on this main path all the way to join Manchester Road. Go straight across (aiming for about 2 o'clock), through the layby and a small path cuts the road corner to bring you out just above the Royal George Pub. Straight across road and continue on the Tame Valley Way path signed to 'Mossley via Roaches'
- Keep straight on to eventually go under a bridge and then on to join a road. TR and continue to the give way.

Refreshments

The Bulls Head pub in Tintwistle.

A selection of pubs, chippies and a cafe in Hadfield on Station Road.

In Mossley the Station Cafe (opposite the Railway Station) is a slight detour. There is also a handily placed convenience store on route.

The Royal George on the approach to Mossley and The Stamford Arms on leaving Mossley are close to the route.

- F** At give way continue straight across, then first left onto Staley Road (by the convenience store). Continue up to the give way. Straight across onto track and follow to junction with lane.
- G** TL and follow round and through gate across lane. Bear right at fork in road and continue to roundabout. 2nd exit onto South View. At next roundabout TR and you are now back on the section of Pennine Bridleway you originally came on.
- H** It should now be a simple matter of retracing the first part of the route:

Follow cobbles round then TR at Pennine Bridleway sign. Climb, keeping straight ahead.

Follow to join a narrow lane, straight ahead then just before it descends bear left onto the path. Follow all the way to join tarmac lane & head straight down to road junction and TL.

Climb now all the way to the Higher Swineshaw Reservoir. Across reservoir & through the gate at the end. Next left through the gate.

Keep following this main track, through gates. Drop down to the river. Through gate and climb up the bends. A bit of flat before a final descent to join the narrow Arnfield Lane.

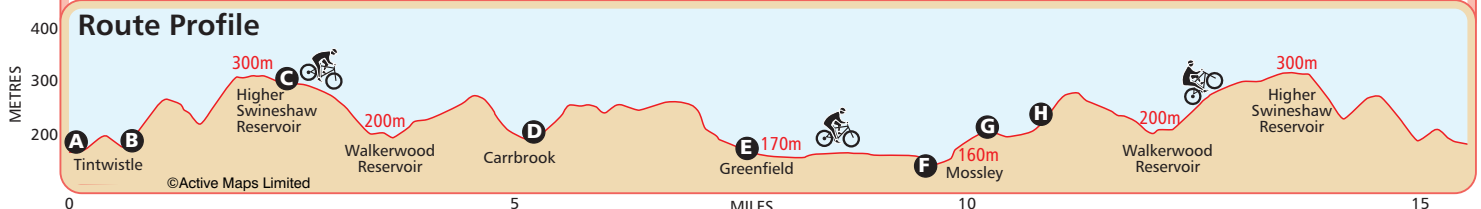
TL and follow lane back to Tintwistle.

Linear Route Variation: Total distance: 8 Miles Hadfield Station to Greenfield Station

Possible if travelling by to the area by train (see below).

Start at Hadfield Station and follow route to the end of Point D, however **do not** follow to Friezland but bear right. Follow to bridge, cross it & then immediately turn left and follow path (so river on left). At end turn left onto road and follow up to Greenfield Station.

Trains on Sunday depart back to Manchester at 13.30 (plus or minus 2 hourly intervals)*



To pick up the route from the station

Out of the station and continue straight down Station Road. SA roundabout onto Waterside. At bottom of hill turn right at blue sign for Trans Pennine Trail then quickly bear left through gate onto path. Bear left across dam. Cross small bridge & bear right to climb stony path. At top TL to reach main road. Straight across onto steep Chapel Brow. Up to T-junction and TL to soon reach war memorial.

Returning to the station

Once back at the war memorial retrace steps above.

Travelling to the Area by Train

Hadfield Station (Manchester to Glossop/Hadfield Line) is situated about one mile from the start of the route.

A possible Sunday Itinerary* from Manchester Piccadilly that should leave time for rests and a lunch stop:

Depart Manchester Piccadilly on the 9.23 train • Arrive Hadfield at 10.03

Cycle the route with possible time for breaks & lunch stop.

Depart Hadfield 16.05 • Arrive Manchester 16.47

* please note this is for guidance only. Time taken on route will vary with individuals & train times may change. Please check with National Rail Enquiries for full service details (Tel: 08457 48 49 50 or www.nationalrail.co.uk). There is space for two bikes on the train and more at the conductor's discretion, on a first come first serve basis (no booking required).