



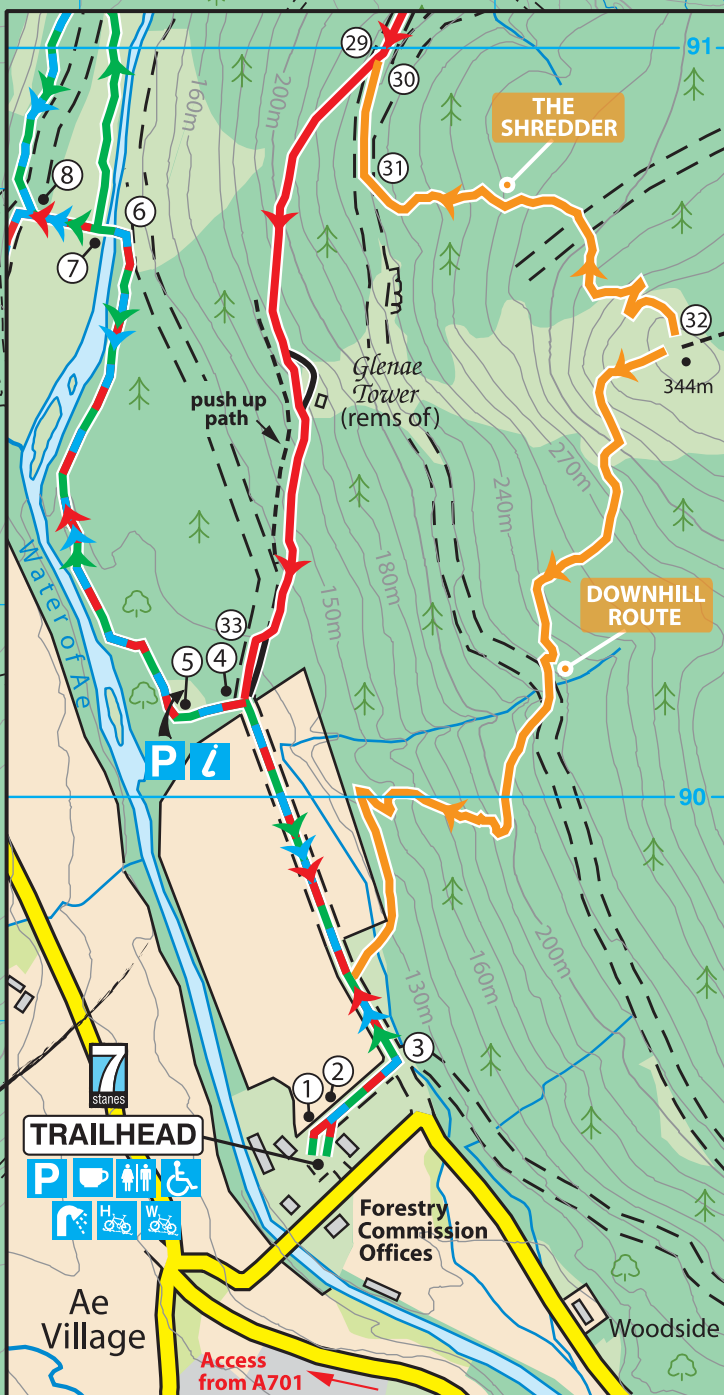
MOUNTAIN BIKE TRAILS

Ae

KEY TO MAP

	Forestry Commission Land		Minor Road
	Forestry Commission Woodland		Forest Road
	Other Woodland		Mountain Bike Trails
	Waymarker Numbers		Riding Direction
	Suitable for the Less Abled		Forest Walks
	Car Park		Cafe
	Picnic Place		Bike Wash
	Information		Bike Hire
	Toilet		Shower Facility

This map is reproduced from Ordnance Survey material with the permission of Ordnance Survey on behalf of the Controller of Her Majesty's Stationery Office. © Crown copyright. Unauthorised reproduction infringes Crown copyright and may lead to prosecution or civil proceedings. Forestry Commission PGA 100025498 2008



	Green	Ae Valley Route
	Easy	9.0km, 40%singletrack (1-1.5 hrs)
	Blue	Larch View Route
	Moderate	13.5km, 20%singletrack (1-2 hrs)
	Red	The "Ae-Line"
	Difficult	24.0km, 65%singletrack (1.5-3hrs)
	Black	Black Sections
	Severe	
	Orange	Downhill Route
	Bike Park	1.6km, 100%singletrack
		The Shredder
		1.0km, 100%singletrack

Refer to explanation of trail grading